

## Default Food Packages for Children and Women

Food Item	Children < 2 Years	Children ≥ 2 Years	Pregnant or Substantially Breastfeeding	Enhanced Breastfeeding or Pregnant with Multiples	Partially Breastfeeding or Non-Breastfeeding Post-Partum Women (less than 6 mo. post delivery)
Milk	Whole 4 gallons (16 qt)	Skim, 1% or 2% 4 gallons (16 qt)	Skim, 1% or 2% 5 1/2 gallons (22 qt)	Skim, 1% or 2% 6 gallons (24 qt)	Skim, 1% or 2% 4 gallons (16 qt)
Cheese	0	0	0	1 pound	0
Eggs	1 dozen	1 dozen	1 dozen	2 dozen	1 dozen
Juice	2 64-oz. bottles (128 oz.)	2 64-oz. bottles (128 oz.)	3 12/11.5-oz. frozen (144 ounces)	3 12/11.5-oz. frozen (144 ounces)	2 12/11.5-oz. frozen (96 ounces)
Cereal	36 ounces	36 ounces	36 ounces	36 ounces	36 ounces
Whole Grains	2 pounds	2 pounds	1 pound	1 pound	0
Peanut Butter	0	18 oz. peanut butter	18 oz. peanut butter <b>and</b> 64 oz. canned legumes	18 oz. peanut butter <b>and</b> 64 oz. canned legumes	18 oz. peanut butter
Legumes	64 ounces canned				
Fish	0	0	0	30 ounces	0
Fruits & Vegetables Fruit and vegetable benefit	\$6	\$6	\$10	\$10	\$10

## Common Tailored Food Packages for Children and Women

Food Item	Children < 2 Years	Children ≥ 2 Years	Pregnant or Substantially Breastfeeding	Enhanced Breastfeeding or Pregnant with Multiples	Partially Breastfeeding or Non-Breastfeeding Post-Partum Women (less than 6 mo. post delivery)
Milk	Whole 3 gallons (12 qt)	Skim, 1% or 2% 3 gallons (12 qt)	Skim, 1% or 2% 4 1/2 gallons (18 qt)	Skim, 1% or 2% 5 gallons (20 qt)	Skim, 1% or 2% 3 gallons (12 qt)
Cheese	1	1	1	2 pounds	1
Eggs	1 dozen	1 dozen	1 dozen	2 dozen	1 dozen
Juice	2 64-oz. bottles (128 oz.)	2 64-oz. bottles (128 oz.)	3 12/11.5-oz. frozen (144 ounces)	3 12/11.5-oz. frozen (144 ounces)	2 12/11.5-oz. frozen (96 ounces)
Cereal	36 ounces	36 ounces	36 ounces	36 ounces	36 ounces
Whole Grains	2 pounds	2 pounds	1 pound	1 pound	0
Peanut Butter	0	18 oz. peanut butter	18 oz. peanut butter <b>and</b> 64 oz. canned legumes	18 oz. peanut butter <b>and</b> 64 oz. canned legumes	18 oz. peanut butter
Legumes	64 ounces canned				
Fish	0	0	0	30 ounces	0
Fruits & Vegetables Fruit and vegetable benefit	\$6	\$6	\$10	\$10	\$10

## Infant Food Packages

Infant Age	Amount of Breastfeeding	M-SPIRIT Term	Infant Formula	Infant Cereal (8 oz.)	Infant Fruits and Vegetables (4oz.)	Infant Meats (2.5 oz.)	Food Package for Mom
Birth - 1 month	Exclusively	Fully Breastfeeding	None				Exclusively BF
	Substantially	Partially BF <= Max	1 can				Substantially BF/Pregnant
	Partially	Partially BF > Max	2 - 9 cans				Partially BF/Non-BF
	None	Not Applicable	Up to 9 cans				Partially BF/Non-BF
1 - 3 months	Exclusively	Fully Breastfeeding	None				Exclusively BF
	Substantially	Partially BF <= Max	Up to 4 cans				Substantially BF/Pregnant
	Partially	Partially BF > Max	5 - 9 cans				Partially BF/Non-BF
	None	Not Applicable	Up to 9 cans				Partially BF/Non-BF
4 - 5 months	Exclusively	Fully Breastfeeding	None				Exclusively BF
	Substantially	Partially BF <= Max	Up to 5 cans				Substantially BF/Pregnant
	Partially	Partially BF > Max	6 - 10 cans				Partially BF/Non-BF
	None	Not Applicable	Up to 10 cans				Partially BF/Non-BF
6 - 11 months	Exclusively	Fully Breastfeeding	None	3 boxes	64 jars	31 jars	Exclusively BF
	Substantially	Partially BF <= Max	Up to 4 cans	3 boxes	32 jars		Substantially BF/Pregnant
	Partially	Partially BF > Max	5-7 cans	3 boxes	32 jars		None
	None	Not Applicable	Up to 7 cans	3 boxes	32 jars		None